

ZC 2026: Session: 2: COACH evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Eetvelde Kasper

Coaches: Claessens Matthias

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 200M MEDLEY MEN 11-12 **Heat:9, starttime: 15:24**

Heat: 9/9 Lane : 4 Athlete: JOOSEN CIS **Q-time: 02:57:75**

PB (50m pool): 02:57.75 Antwerpen 08/03/2026 **PB (25m pool): 03:00.91 SB: 02:57.75 Antwerpen 08/03/2026**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.38	01:22.98	02:17.13	02:57.75	
	00:39.38	00:43.60	00:54.15	00:40.62	
	

Coach feedback:

Event number: 14: 50M BACKSTROKE WOMEN 13-14 **Heat:5, starttime: 15:35**

Heat: 5/6 Lane : 6 Athlete: MAVRIQI ARRITA **Q-time: 00:39:37**

PB (50m pool): 00:39.37 Antwerpen 15/03/2026 **PB (25m pool): 00:38.89 SB: 00:39.37 Antwerpen 15/03/2026**

	5 0 M	
PB	00:39.37	
	00:39.37	
	

Coach feedback:

Event number: 18: 50M BUTTERFLY WOMEN 11-12 **Heat:10, starttime: 16:35**

Heat: 10/10 Lane : 4 Athlete: CLAESSENS MARIE **Q-time: 00:36:49**

PB (50m pool): 00:36.49 Antwerpen 15/03/2026 **PB (25m pool): 00:36.09 SB: 00:36.49 Antwerpen 15/03/2026**

	5 0 M	
PB	00:36.49	
	00:36.49	
	

Coach feedback: